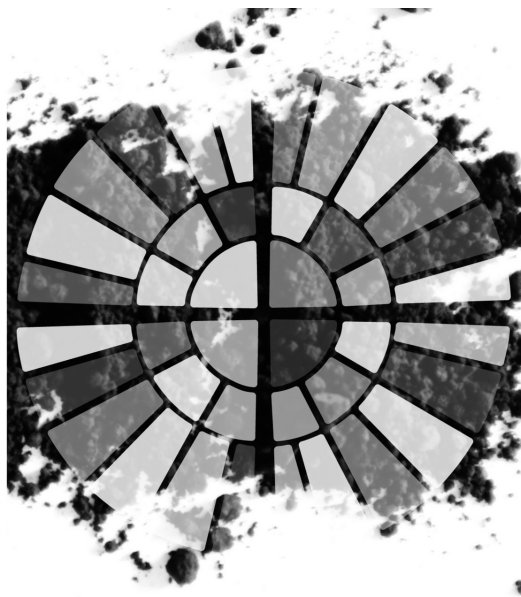




LENT 2023

SCRIPTURE READING PLAN

February 22 - April 8

DAILY OFFICE

LECTIONARY READINGS

taken from 1979 BCP

YEAR 1

Psalms (AM)

- ☐ 1. Ash Wednesday 95* & 32, 143
- ☐ 2. Thursday 37:1-18
- ☐ 3. Friday 95* & 31
- ☐ 4. Saturday 30, 32
- ☐ 5. **Sunday, Feb. 26** 63:1-11, 98
- ☐ 6. Monday 41, 52
- ☐ 7. Tuesday 45
- ☐ 8. Wednesday 119:49-72
- ☐ 9. Thursday 50
- ☐ 10. Friday 95* & 40, 54
- ☐ 11. Saturday 55
- ☐ 12. **Sunday, Mar. 5** 24, 29
- ☐ 13. Monday 56, 57
- ☐ 14. Tuesday 61, 62
- ☐ 15. Wednesday 72
- ☐ 16. Thursday 70, 71
- ☐ 17. Friday 95* & 69
- ☐ 18. Saturday 75, 76
- ☐ 19. **Sunday, Mar. 12** 93, 96
- ☐ 20. Monday 80
- ☐ 21. Tuesday 78:1-39
- ☐ 22. Wednesday 119:97-120
- ☐ 23. Thursday 83 or 42, 43
- ☐ 24. Friday 95* & 88
- ☐ 25. Saturday 87, 90
- ☐ 26. **Sunday, Mar. 19** 66, 67
- ☐ 27. Monday 89:1-18
- ☐ 28. Tuesday 97, 99
- ☐ 29. Wednesday 101, 109
- ☐ 30. Thursday 69
- ☐ 31. Friday 95* & 102
- ☐ 32. Saturday 107:33-43
- ☐ 33. **Sunday, Mar. 26** 118
- ☐ 34. Monday 31
- ☐ 35. Tuesday 121, 122, 123
- ☐ 36. Wednesday 119:145-176
- ☐ 37. Thursday 131, 132
- ☐ 38. Friday 95* & 22
- ☐ 39. Saturday 137, 144
- ☐ 40. **Palm Sunday, Apr. 2** 24, 29
- ☐ 41. Monday 51
- ☐ 42. Tuesday 6, 12
- ☐ 43. Wednesday 55
- ☐ 44. Maundy Thursday 102
- ☐ 45. Good Friday 95* & 22
- ☐ 46. Holy Saturday 95* & 88

**Use this psalm as Invitatory in Morning Prayer liturgy.*

Gospels

- ☐ 1. Ash Wednesday Luke 18:9-14
- ☐ 2. Thursday John 1:29-34
- ☐ 3. Friday John 1:35-42
- ☐ 4. Saturday John 1:43-51
- ☐ 5. **Sunday, Feb. 26** Mark 2:18-22
- ☐ 6. Monday John 2:1-12
- ☐ 7. Tuesday John 2:13-22
- ☐ 8. Wednesday John 2:23-3:15
- ☐ 9. Thursday John 3:16-21
- ☐ 10. Friday John 3:22-36
- ☐ 11. Saturday John 4:1-26
- ☐ 12. **Sunday, Mar. 5** Mark 3:31-4:9
- ☐ 13. Monday John 4:27-42
- ☐ 14. Tuesday John 4:43-54
- ☐ 15. Wednesday John 5:1-18
- ☐ 16. Thursday John 5:19-29
- ☐ 17. Friday John 5:30-47
- ☐ 18. Saturday John 7:1-13
- ☐ 19. **Sunday, Mar. 12** Mark 5:1-20
- ☐ 20. Monday John 7:14-36
- ☐ 21. Tuesday John 7:37-52
- ☐ 22. Wednesday John 8:12-20
- ☐ 23. Thursday John 8:21-32
- ☐ 24. Friday John 8:33-47
- ☐ 25. Saturday John 8:47-59
- ☐ 26. **Sunday, Mar. 19** Mark 8:11-21
- ☐ 27. Monday John 6:1-15
- ☐ 28. Tuesday John 6:16-27
- ☐ 29. Wednesday John 6:27-40
- ☐ 30. Thursday John 6:41-51
- ☐ 31. Friday John 6:52-59
- ☐ 32. Saturday John 6:60-71
- ☐ 33. **Sunday, Mar. 26** Mark 8:31-9:1
- ☐ 34. Monday John 9:1-17
- ☐ 35. Tuesday John 9:18-41
- ☐ 36. Wednesday John 10:1-18
- ☐ 37. Thursday John 10:19-42
- ☐ 38. Friday John 11:1-27
- ☐ 39. Saturday John 11:28-44
- ☐ 40. **Palm Sun, Apr. 2** Matt. 21:12-17
- ☐ 41. Monday John 12:9-19
- ☐ 42. Tuesday John 12:20-26
- ☐ 43. Wednesday John 12:27-36
- ☐ 44. Maundy Thursday John 17:1-26
- ☐ 45. Good Friday John 13:36-38
- ☐ 46. Holy Saturday John 19:38-42

New Testament

- ☐ 1. Ash Wednesday Hebrews 12:1-14
- ☐ 2. Thursday Titus 1:1-16
- ☐ 3. Friday Tit. 2:1-15
- ☐ 4. Saturday Tit. 3:1-15
- ☐ 5. **Sunday, Feb. 26** 1 Cor. 1:17-31
- ☐ 6. Monday Heb. 2:11-18
- ☐ 7. Tuesday Heb. 3:1-11
- ☐ 8. Wednesday Heb. 3:12-19
- ☐ 9. Thursday Heb. 4:1-10
- ☐ 10. Friday Heb. 4:11-16
- ☐ 11. Saturday Heb. 5:1-10
- ☐ 12. **Sunday, Mar. 5** 1 Cor. 3:11-23
- ☐ 13. Monday Rom. 1:1-15
- ☐ 14. Tuesday Rom. 1:16-25
- ☐ 15. Wednesday Rom. 1: 28-2:11
- ☐ 16. Thursday Rom. 2:12-24
- ☐ 17. Friday Rom. 2:25-3:18
- ☐ 18. Saturday Rom. 3:19-31
- ☐ 19. **Sunday, Mar. 12** 1 Cor. 6:12-20
- ☐ 20. Monday Rom. 4:1-12
- ☐ 21. Tuesday Rom. 4:13-25
- ☐ 22. Wednesday Rom. 5:1-11
- ☐ 23. Thursday Rom. 5:12-21
- ☐ 24. Friday Rom. 6:1-11
- ☐ 25. Saturday Rom. 6:12-23
- ☐ 26. **Sunday, Mar. 19** Gal. 4:21-5:1
- ☐ 27. Monday Rom. 7:1-12
- ☐ 28. Tuesday Rom. 7:13-25
- ☐ 29. Wednesday Rom. 8:1-11
- ☐ 30. Thursday Rom. 8:12-27
- ☐ 31. Friday Rom. 8:28-39
- ☐ 32. Saturday Rom. 9:1-18
- ☐ 33. **Sunday, Mar. 26** 1 Cor. 9:19-27
- ☐ 34. Monday Rom. 9:19-33
- ☐ 35. Tuesday Rom. 10:1-13
- ☐ 36. Wednesday Rom. 10:14-21
- ☐ 37. Thursday Rom. 11:1-12
- ☐ 38. Friday Rom. 11:13-24
- ☐ 39. Saturday Rom. 11:25-36
- ☐ 40. **Palm Sun, Apr. 2** 1 Tim. 6:12-16
- ☐ 41. Monday Phil. 3:1-14
- ☐ 42. Tuesday Phil. 3:15-21
- ☐ 43. Wednesday Phil. 4:1-13
- ☐ 44. Maundy Thursday 1 Cor. 10:14-17
- ☐ 45. Good Friday 1 Peter 1:10-20
- ☐ 46. Holy Saturday Rom. 8:1-11



LENT AT IMMANUEL:
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NOTE:

If you are praying Morning Prayer and Evening Prayer during Lent, the Scripture readings and Psalms can be divided between them.

Psalms (PM)

☐	1. Ash Wednesday	102, 130
☐	2. Thursday	37:19-42
☐	3. Friday	35
☐	4. Saturday	42, 43
☐	5. Sunday, Feb. 26	103
☐	6. Monday	44
☐	7. Tuesday	47, 48
☐	8. Wednesday	49
☐	9. Thursday	19, 46
☐	10. Friday	51
☐	11. Saturday	138
☐	12. Sunday, Mar. 5	8, 84
☐	13. Monday	64, 65
☐	14. Tuesday	68
☐	15. Wednesday	119
☐	16. Thursday	74
☐	17. Friday	73
☐	18. Saturday	23, 27
☐	19. Sunday, Mar. 12	34
☐	20. Monday	77
☐	21. Tuesday	78:40-72
☐	22. Wednesday	81, 82
☐	23. Thursday	85, 86
☐	24. Friday	91, 92
☐	25. Saturday	136
☐	26. Sunday, Mar. 19	19, 46
☐	27. Monday	89:19-52
☐	28. Tuesday	94, 95
☐	29. Wednesday	119:121-144
☐	30. Thursday	73
☐	31. Friday	107:1-32
☐	32. Saturday	33
☐	33. Sunday, Mar. 26	145
☐	34. Monday	35
☐	35. Tuesday	124, 125, 126
☐	36. Wednesday	128, 129, 130
☐	37. Thursday	140, 142
☐	38. Friday	141, 143
☐	39. Saturday	42, 43
☐	40. Palm Sunday, Apr. 2	103
☐	41. Monday	69:1-23
☐	42. Tuesday	94
☐	43. Wednesday	74
☐	44. Maundy Thursday	142, 143
☐	45. Good Friday	40, 54
☐	46. Holy Saturday	27

Old Testament

☐	1. Ash Wednesday	Jonah 3:1-4:11
☐	2. Thursday	Deut. 7:6-11
☐	3. Friday	Deut. 7:12-16
☐	4. Saturday	Deut. 7:17-26
☐	5. Sunday, Feb. 26	Deut. 8:1-10
☐	6. Monday	Deut. 8:11-20
☐	7. Tuesday	Deut. 9:4-12
☐	8. Wednesday	Deut. 9:13-21
☐	9. Thursday	Deut. 9:23-10:5
☐	10. Friday	Deut. 10: 12-22
☐	11. Saturday	Deut. 11:18-28
☐	12. Sunday, Mar. 5	Jeremiah 1:1-10
☐	13. Monday	Jer. 1:11-19
☐	14. Tuesday	Jer. 2:1-13
☐	15. Wednesday	Jer. 3:6-18
☐	16. Thursday	Jer. 4:9-28
☐	17. Friday	Jer. 5:1-9
☐	18. Saturday	Jer. 5:20-31
☐	19. Sunday, Mar. 12	Jer. 6:9-15
☐	20. Monday	Jer. 7:1-15
☐	21. Tuesday	Jer. 7:21-34
☐	22. Wednesday	Jer. 8:18-9:6
☐	23. Thursday	Jer. 10:11-24
☐	24. Friday	Jer. 11:1-8, 14-20
☐	25. Saturday	Jer. 13:1-11
☐	26. Sunday, Mar. 19	Jer. 14:1-22
☐	27. Monday	Jer. 16:10-21
☐	28. Tuesday	Jer. 17:19-27
☐	29. Wednesday	Jer. 18:1-11
☐	30. Thursday	Jer. 22:13-23
☐	31. Friday	Jer. 23: 1-8
☐	32. Saturday	Jer. 23:9-15
☐	33. Sunday, Mar. 26	Jer. 23:16-32
☐	34. Monday	Jer. 24:1-10
☐	35. Tuesday	Jer. 25:8-17
☐	36. Wednesday	Jer. 25:30-38
☐	37. Thursday	Jer. 26: 1-16
☐	38. Friday	Jer. 29:1-13
☐	39. Saturday	Jer. 31:27-34
☐	40. Palm Sun, Apr. 2	Zech. 12:9-13:9
☐	41. Monday	Jer. 12:1-16
☐	42. Tuesday	Jer. 15:10-21
☐	43. Wednesday	Jer. 17:5-17
☐	44. Maundy Thursday	Jer. 20:7-11
☐	45. Good Friday	Gen. 22:1-14
☐	46. Holy Saturday	Job 19:21-27