



PRAYER & FASTING

Lent 2021 Guide

DAY #1: FEBRUARY 17, 2021

Ash Wednesday

PRAYER FOCUS: Repentance

“Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.”

Hebrews 12:1-2

MEDITATION

O Lord,
The house of my soul is narrow;
enlarge it that you may enter in.
It is ruinous, O repair it!
It displeases Your sight.
I confess it, I know.
But who shall cleanse it,
to whom shall I cry
but to you?
Cleanse me
from my secret faults, O Lord,
and spare Your servant
from strange sins.

St. Augustine of Hippo (AD 354-430)

PRAYER PROMPTS

With all our heart and with all our
mind, let us pray to the Lord,

- *for* Repentance from sins that have entangled us during trials of this past year
- *for* Repentance for the ways we did not meet the trials of 2020 with faith, hope and love
- *for* Deliverance from hardness of heart
- *for* Deliverance from arrogance, judgment, racism, apathy and division

** 30 minute services will be held at AIC at 8am, 12pm and 6pm on Ash Wednesday.*

DAY #2: MARCH 1, 2021

(Monday)

PRAYER FOCUS:

Being Renewed in God's Love

“For this reason I bow my knees before the Father, from whom every family in heaven and on earth is named, that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.”

Ephesians 3:14-19

MEDITATION

O Lord, who hast mercy upon all,
take away from me my sins,
and mercifully kindle in me
the fire of thy Holy Spirit.
Take away from me the
heart of stone,
and give me a heart of flesh,
a heart to love and adore Thee,
a heart to delight in Thee,
to follow and enjoy Thee,
for Christ's sake,
Amen

St. Ambrose of Milan (AD 339-397)

PRAYER PROMPTS

With all our heart and with all our mind,
let us pray to the Lord,

- *for* A renewed connection to Jesus
- *for* The ability to feel, receive and know the love of God that surpasses knowledge
- *for* Filling with all the fullness of God
- *for* Spiritual deliverance from all works of darkness that hinder us from receiving God's love
- *for* Healing from trauma, confusion, spiritual blindness and manipulation

**The church will gather for morning, midday and evening prayer on
Zoom at 7:30AM, 12PM and 7PM.*

DAY #3: MARCH 18, 2021

(Thursday)

PRAYER FOCUS:

A Spiritual Beacon Home in Chicago

I was glad when they said unto me, "Let us go into the house of the Lord!" - Psalm 122:1

"So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God, built on the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, in whom the whole structure, being joined together, grows into a holy temple in the Lord. In him you also are being built together into a dwelling place for God by the Spirit."
Ephesians 2:19-22

MEDITATION

Almighty and everlasting God, you are always more ready to hear than we to pray, and to give more than we either desire or deserve: Pour upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things for which we are not worthy to ask, except through the merits and mediation of Jesus Christ our Savior; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

2019 Book of Common Prayer

PRAYER PROMPTS

With all our heart and with all our mind, let us pray to the Lord,

- *for* Ongoing provision of worship space, both temporary and permanent
- *for* Spiritual stewardship over the physical place of God's calling for our church
- *for* Gifts of faith for the path ahead for Immanuel
- *for* Grace neither to run ahead nor to lag behind God's timing and plan
- *for* Desire and ability to be the living temple of Jesus

**The church will gather for morning and midday prayer on Zoom at 7:30AM and 12PM. We will also gather for a prayer walk at 6PM.*

DAY #4: APRIL 2, 2021

Good Friday

PRAYER FOCUS: Evangelism

“And as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.”

John 3:14-17

“Those who sow in tears shall reap with shouts of joy!
He who goes out weeping, bearing the seed for sowing,
shall come home with shouts of joy, bringing his sheaves with him.”

Psalm 126:5-6

MEDITATION

"Lord Jesus Christ, you stretched out your arms of love on the hard wood of the Cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. Amen."

2019 Book of Common
Prayer

PRAYER PROMPTS

With all our heart and with all our mind, let us pray to the Lord,

- *for* The fulfillment of our calling to “lift high the Son of God in Chicago, that all may be drawn to Him”
- *for* Deep belief that you gave yourself for the life of the whole world
- *for* Our eyes to be lifted up and opened to see the true spiritual hunger around us
- *for* A willingness to sow in tears, and a day of joyful harvest