February 21, 2021



GROWING UP SACRAMENTAL

LENT 2021

Artwork by Allie Beck Buursma

GATHERING

Opening Worship Song

Oh, Love That Will Not Let Me Go

Oh, love that will not let me go
I rest my weary soul in thee
I give you back this life I owe
And in your ocean depths its flow

May richer, fuller be

Oh, light that follows all my way I yield my flickering torch to thee And my heart restores its borrowed ray That in your sunshine's blaze its day

May brighter, fairer be

And rejoice, my heart! Rejoice, my soul! My Savior, God, has come to Thee Rejoice, my heart! You've been made whole By a love that will not let me go Oh, joy, that seeks me through the pain I cannot close my heart to thee I trace the rainbow through the rain And feel the promise is not vain

That morn shall tearless be

Oh, cross that lifts and holds my head

I dare not ask to fly from thee I lay in dust life's glory dead

That from the ground there blossoms red

Life that shall endless be

Words: George Matheson Music: Robbie Seay

Collect for Purity

CELEBRANT: Blessed be God: Father, Son, and Holy Spirit.

PEOPLE: And blessed be his kingdom, now and forever. Amen.

CELEBRANT: Let us pray. Almighty God, to you all hearts are open, all desires known, and from

you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy

Name; through Christ our Lord.

PEOPLE: Amen.

The Decalogue

Please sit or kneel in silence.

CELEBRANT: Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

PEOPLE: Amen. Lord have mercy.

CELEBRANT: You shall not make for yourself any idol.

PEOPLE: Amen. Lord have mercy.

CELEBRANT: You shall not invoke with malice the name of the Lord your God.

PEOPLE: Amen. Lord have mercy.

CELEBRANT: Remember the Sabbath Day and keep it holy.

PEOPLE: Amen. Lord have mercy.

CELEBRANT: Honor your father and your mother.

PEOPLE: Amen. Lord have mercy.

CELEBRANT: You shall not commit murder.

PEOPLE: Amen. Lord have mercy.

CELEBRANT: You shall not commit adultery.

PEOPLE: Amen. Lord have mercy.

CELEBRANT: You shall not steal.

PEOPLE: Amen. Lord have mercy.

CELEBRANT: You shall not be a false witness.

PEOPLE: Amen. Lord have mercy.

CELEBRANT: You shall not covet anything that belongs to your neighbor.

PEOPLE: Amen. Lord have mercy.

CELEBRANT: If we say that we have no sin, we deceive ourselves, and the truth is not in us. But

if we confess our sins, God, who is faithful and just, will forgive our sins and

cleanse us from all unrighteousness. 1 JOHN 1:8-9

Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. HEBREWS 4:14,16

Let us humbly confess our sins unto Almighty God.

Please kneel or sit.

There will be a time of silence.

ALL: Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: we acknowledge and lament our manifold sins and the wickedness we have grievously committed time after time, by thought, word and deed against your divine majesty. We have provoked most justly your righteous anger and your indignation against us. We earnestly repent, and are heartily sorry for these our wrongdoings; the memory of them grieves us, the burden of them is too great for us to bear. Have mercy upon us, have mercy upon us, most merciful Father. For your Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that from this time forward we may always serve and please you in newness of life, to the honor and glory of your name; through Jesus Christ our Lord. Amen.

CELEBRANT: The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit.

PEOPLE: Amen. Lord have mercy.

Kyrie eleison, Christe eleison, Kyrie eleison, Kyrie eleison, Kyrie eleison, Kyrie eleison, Christ have mercy, Christ have mercy, Lord have me

Collect of the Day

CELEBRANT: The Lord be with you.

PEOPLE: And also with you.

CELEBRANT: Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan:

Come quickly to help us who are assaulted by many temptations, and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit,

one God, now and for ever.

PEOPLE: Amen.

HEARING

The Lessons

Please be seated.

READER: A reading from Paul's first letter to the Corinthians.

1 Corinthians 10:1-22

For I do not want you to be unaware, brothers, that our fathers were all under the cloud, and all passed through the sea, ² and all were baptized into Moses in the cloud and in the sea, ³ and all ate the same spiritual food, ⁴ and all drank the same spiritual drink. For they drank from the spiritual Rock that followed them, and the Rock was Christ. ⁵Nevertheless, with most of them God was not pleased, for they were overthrown in the wilderness.

⁶Now these things took place as examples for us, that we might not desire evil as they did. ⁷Do not be idolaters as some of them were; as it is written, "The people sat down to eat and drink and rose up to play." ⁸We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. ⁹We must not put Christ to the test, as some of them did and were destroyed by serpents, ¹⁰nor grumble, as some of them did and were destroyed by the Destroyer. ¹¹Now these things happened to them as an example, but they were written down for our instruction, on whom the end of the ages has come. ¹²Therefore let anyone who thinks that he stands take heed lest he fall. ¹³No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

¹⁴Therefore, my beloved, flee from idolatry. ¹⁵I speak as to sensible people; judge for yourselves what I say. ¹⁶The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? ¹⁷Because there is one bread, we who are many are one body, for we all partake of the one bread. ¹⁸Consider the people of Israel: are not those who eat the sacrifices participants in the altar? ¹⁹What do I imply then? That food offered to idols is anything, or that an idol is anything? ²⁰No, I imply that what pagans sacrifice they offer to demons and not to God. I do not want you to be participants with demons. ²¹You cannot drink the cup of the Lord and the cup of demons. You cannot partake of the table of the Lord and the table of demons. ²²Shall we provoke the Lord to jealousy? Are we stronger than he?

READER: The Word of the Lord.

PEOPLE: Thanks be to God.

READER: The holy Gospel of our Lord Jesus Christ, according to Mark.

PEOPLE: Glory to You, Lord Christ.

Mark 1:9-13

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰And when he came up out of the water, immediately he saw the heavens being torn open and the Spirit descending on him like a dove. ¹¹And a voice came from heaven, "You are my beloved Son; with you I am well pleased."

¹²The Spirit immediately drove him out into the wilderness. ¹³And he was in the wilderness forty days, being tempted by Satan. And he was with the wild animals, and the angels were ministering to him.

READER: The Gospel of the Lord.

PEOPLE: Praise to You, Lord Christ.

The Sermon

The First Sunday of Lent: Growing Up Sacramental

"Sacramental Fidelity" - Fr. Aaron Damiani

The Nicene Creed

We believe in one God, the Father, the Almighty,

maker of heaven and earth, of all that is, visible and invisible.

We believe in one Lord, Jesus Christ, the only-begotten Son of God,

eternally begotten of the Father, God from God, Light from Light,

true God from true God, begotten, not made, of one Being with the Father;

through him all things were made.

For us and for our salvation he came down from heaven,

was incarnate from the Holy Spirit and the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son is worshiped and glorified,

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one Baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

The Peace

CELEBRANT: *The peace of the Lord be always with you.*

PEOPLE: And also with you.

FEASTING

Offertory

We Fall Down

We fall down
We lay our crowns
At the feet of Jesus
The greatness of mercy and love
At the feet of Jesus

And we cry holy, holy, holy
And we cry holy, holy, holy is the Lamb

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DOXOLOGY

Please stand.

Praise God, from whom all blessings flow Praise Him, all creatures here below Praise Him above, ye heavenly host Praise Father, Son, and Holy Ghost Amen

Communion Liturgy (Revised Ancient, Abridged)

Great Thanksgiving

CELEBRANT: The Lord be with you.

PEOPLE: And also with you.

CELEBRANT: Lift up your hearts.

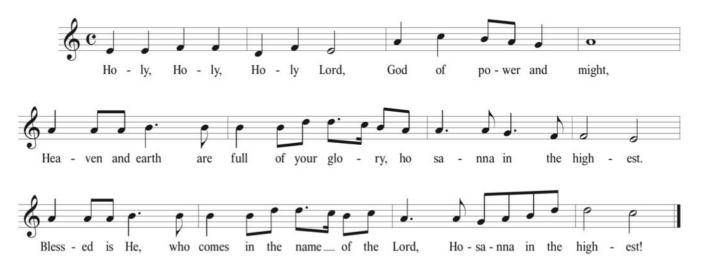
PEOPLE: We lift them to the Lord.

CELEBRANT: Let us give thanks to the Lord our God.

PEOPLE: It is right to give him thanks and praise.

CELEBRANT: ...and so we join the saints and angels in proclaiming your glory, as we sing:

Sanctus



CELEBRANT: ...By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory be yours Almighty Father, now and for ever.

ALL: Amen.

The Lord's Prayer

CELEBRANT: And now, as our Savior Christ has taught us, we are bold to pray,

PEOPLE: Our Father who art in heaven, hallowed be thy name.

Thy Kingdom come, thy will be done,

On earth as it is in heaven.

Give us this day our daily bread,

And forgive us our trespasses,

As we forgive those who trespass against us.

And lead us not into temptation,

But deliver us from evil.

For thine is the kingdom, and the power, and the glory

For ever and ever, Amen.

The Breaking of the Bread

CELEBRANT: Christ our Passover is sacrificed for us;

PEOPLE: Therefore let us keep the feast!

CELEBRANT: The Gifts of God for the People of God. Take them in remembrance that Christ

died for you, and feed on him in your hearts by faith, with thanksgiving.

Instructions for Retrieving the Elements:

All who are baptized and following Jesus as Lord are invited to participate in Holy Communion. The ushers will dismiss you row by row. When the usher dismisses your row, proceed down the aisle (to the left of your section as you face the altar) to the tables directly in front of your section, maintaining a six-foot distance from the person in front of you.

Apply the hand sanitizer at the small table, and then collect either a juice/wafer set from the tray, or a gluten-free, rice-based wafer (wrapped in foil) and a juice-only cup from the plate.

Continuing clockwise, return with the communion elements to your seat; once everyone has returned to their seats, we will partake of the Body and Blood of Christ together.

If you are not yet baptized or are not currently following Jesus as Lord:

Welcome! We're glad you're here. You'll need to exit the row with the others and simply make a loop back to your seat. We encourage you to take this time to worship, pray, and reflect on all you've seen and heard.

Communion Song:

Jesus Paid It All

I hear the Savior say,
"Thy strength indeed is small.
Child of weakness, watch and pray,
Find in Me thine all in all."

Jesus paid it all, all to Him I owe; Sin had left a crimson stain, He washed it white as snow.

Lord, now indeed I find Thy pow'r, and Thine alone, Jesus died, my soul to save And melt the heart of stone.

And when, before the throne, I stand in Him complete, "Jesus died my soul to save," My lips shall still repeat.

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Partaking of the Elements

CELEBRANT: The Body of Christ, the Bread of Heaven.

PEOPLE: Amen.

CELEBRANT: The Blood of Christ, the Cup of Salvation.

PEOPLE: Amen.

Closing Worship Song

Come Thou Fount of Every Blessing

Come Thou fount of every blessing
Tune my heart to sing Thy grace
Streams of mercy, never ceasing
Call for songs of loudest praise
Teach me some melodious sonnet
Sung by flaming tongues above
Praise the mount, I'm fixed upon it
Mount of Thy redeeming love

Here I raise mine Ebenezer
Hither, by Thy help, I'm come
And I hope, by Thy good pleasure,
Safely to arrive at home
Jesus sought me when a stranger
Wandering from the fold of God
He, to rescue me from danger,
Interposed His precious blood

O to grace, how great a debtor
Daily I'm constrained to be
Let Thy grace, Lord, like a fetter
Bind my wandering heart to Thee
Prone to wander, Lord I feel it
Prone to leave the God I love
Here's my heart, Lord, take and seal it
Seal it for Thy courts above

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Prayer of Thanksgiving

CELEBRANT: Let us pray.

ALL: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve

you with gladness and singleness of heart; through Christ our Lord.

Amen.

The Lenten Blessing

CELEBRANT: Bow down before the Lord.

Grant, Almighty God, that your people may recognize their weakness and put

their whole trust in your strength, so that they may rejoice for ever in the

protection of your loving providence; through Christ our Lord.

ALL: Amen.

The Dismissal

CELEBRANT: Go forth into the world in peace, rejoicing in the power of the Spirit.

PEOPLE: Thanks be to God.

NEW TO IMMANUEL?

We can't wait to meet you! If you're here in person with us, stop by our welcome table in the courtyard outside to pick up a welcome gift and meet some friendly faces. If you're joining us online, you can fill out a connection card at immanuelanglican.org/ live and let us know how we can follow up with you.

Visit us online at immanuelanglican.org.

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Prayers for Spiritual Communion

OFFICIANT: In the name of the Father, and of the Son, and of the Holy Spirit.

ALL: **Amen.**

OFFICIANT: God is our refuge and strength.

ALL: A very present help in trouble.

OFFICIANT: Our help is in the name of the Lord,

ALL: Who made heaven and earth.

OFFICIANT: Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger,

and whoever believes in me shall never thirst." Praying together:

ALL: Our Father, who art in heaven, hallowed be thy name.

Thy Kingdom come, thy will be done,

on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory for ever and ever, Amen.

OFFICIANT: Let us pray.

ALL: Heavenly Father, I now join my heart and mind with all my brothers and sisters

in Holy Mother Church throughout the world, who gather at your holy table

this day to remember your death and proclaim your resurrection.

Accept my soul and body as a living sacrifice, holy and acceptable to you,

through the merits of your dear Son, Jesus Christ, our Lord.

Hasten the day when I may once more draw near with them to receive the

most precious sacrament of your body and blood. Amen.

OFFICIANT: Soul of Christ,

ALL: sanctify me.

OFFICIANT: Body of Christ,

ALL: save me.

OFFICIANT: Blood of Christ,

ALL: refresh me.

OFFICIANT: Water from the side of Christ,

ALL: wash me.

OFFICIANT: Passion of Christ,

ALL: **strengthen me.**

OFFICIANT: *Oh, taste and see that the Lord is good!*

ALL: Blessed is the one who takes refuge in him!

OFFICIANT: May the Lord bless us, protect us from all evil, and bring us into everlasting life,

ALL: Amen.