

Immanuel Anglican Church  
March 7, 2021

The Third Sunday of Lent



# GROWING UP SACRAMENTAL

LENT 2021

*Artwork by Allie Beck Buursma*

# GATHERING

## Opening Worship Song

### Be Still My Soul

Be still my soul, the Lord is on your side;  
Bear patiently the cross of grief or pain.  
Leave to your God to order and provide,  
In every change, He faithful will remain.  
Be still my soul, your best, your heavenly friend  
Through thorny ways, leads to a joyful end.

Be still my soul, your God will undertake  
To guide the future as He has the past.  
Your hope, your confidence let nothing shake,  
All now mysterious shall be bright at last.  
Be still my soul, the waves and winds still know  
His voice who ruled them while He dwelt below.

Be still my soul, when dearest friends depart,  
And all is darkened in the vale of tears.  
Then shall you better know his love, his heart,  
Who comes to soothe your sorrow and your fears.  
Be still my soul, your Jesus can repay,  
From His own fullness all He takes away.

Be still my soul, be still.  
Be still my soul, be still.

Written by Jean Sibelius, Kathrina Amalia von Schlegel. Arranged by Sandra McCracken.

## Collect for Purity

CELEBRANT: *Blessed be God: Father, Son, and Holy Spirit.*

PEOPLE: **And blessed be his kingdom, now and forever. Amen.**

CELEBRANT: *Let us pray. Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.*

PEOPLE: **Amen.**

## KYRIE



Kyrie eleison,  
Christe eleison,  
Kyrie eleison

(Lord have mercy,  
Christ have mercy,  
Lord have mercy.)

Kyrie, music by the Iona Community.

## Collect of the Day

CELEBRANT: *The Lord be with you.*

PEOPLE: **And also with you.**

CELEBRANT: *Heavenly Father, you have made us for yourself, and our hearts are restless until they rest in you: Look with compassion upon the heartfelt desires of your servants, and purify our discorded affections, that we may behold your eternal glory in the face of Christ Jesus; who lives and reigns with you and the Holy Spirit, one God, for ever and ever.*

PEOPLE: **Amen.**

# HEARING

## The Lessons

*Please be seated.*

READER: *A reading from Paul's second letter to the Corinthians.*

### 2 Corinthians 12:1-10

I must go on boasting. Though there is nothing to be gained by it, I will go on to visions and revelations of the Lord. <sup>2</sup>I know a man in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know, God knows. <sup>3</sup>And I know that this man was caught up into paradise—whether in the body or out of the body I do not know, God knows— <sup>4</sup>and he heard things that cannot be told, which man may not utter. <sup>5</sup>On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses— <sup>6</sup>though if I should wish to boast, I would not be a fool, for I would be speaking the truth; but I refrain from it, so that no one may think more of me than he sees in me or hears from me. <sup>7</sup>So to keep me from becoming conceited because of the surpassing greatness of the revelations, a thorn was given me in the flesh, a messenger of Satan to harass me, to keep me from becoming conceited. <sup>8</sup>Three times I pleaded with the Lord about this, that it should leave me. <sup>9</sup>But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. <sup>10</sup>For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

READER: *The Word of the Lord.*

PEOPLE: **Thanks be to God.**

READER: *The holy Gospel of our Lord Jesus Christ, according to John.*

PEOPLE: **Glory to You, Lord Christ.**

### **John 2:13-22**

The Passover of the Jews was at hand, and Jesus went up to Jerusalem. <sup>14</sup>In the temple he found those who were selling oxen and sheep and pigeons, and the money-changers sitting there. <sup>15</sup>And making a whip of cords, he drove them all out of the temple, with the sheep and oxen. And he poured out the coins of the money-changers and overturned their tables. <sup>16</sup>And he told those who sold the pigeons, "Take these things away; do not make my Father's house a house of trade." <sup>17</sup>His disciples remembered that it was written, "Zeal for your house will consume me."

<sup>18</sup>So the Jews said to him, "What sign do you show us for doing these things?" <sup>19</sup>Jesus answered them, "Destroy this temple, and in three days I will raise it up." <sup>20</sup>The Jews then said, "It has taken forty-six years to build this temple, and will you raise it up in three days?" <sup>21</sup>But he was speaking about the temple of his body. <sup>22</sup>When therefore he was raised from the dead, his disciples remembered that he had said this, and they believed the Scripture and the word that Jesus had spoken.

READER: *The Gospel of the Lord.*

PEOPLE: **Praise to You, Lord Christ.**

## The Sermon

The Third Sunday of Lent: Growing Up Sacramental

**“Sacramental Suffering” - Fr. Aaron Damiani**

## Prayers of the People

LEADER: . . . *Lord, in your mercy,*

PEOPLE: **Hear our prayer.**

CELEBRANT: *O Lord our God, accept the fervent prayers of your people: in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and forever.*

PEOPLE: **Amen.**

## The Peace

CELEBRANT: *The peace of the Lord be always with you.*

PEOPLE: **And also with you.**

# FEASTING

## Offertory

### **Eat this Bread**

Eat this bread, drink this cup,  
Come to me and never be hungry.

Eat this bread, drink this cup,  
Trust in me and you will not thirst.

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### **DOXOLOGY**

***Please stand.***

Praise God, from whom all blessings flow  
Praise Him, all creatures here below  
Praise Him above, ye heavenly host  
Praise Father, Son, and Holy Ghost  
Amen



## Communion Liturgy (Revised Ancient, Abridged)

### Great Thanksgiving

CELEBRANT: *The Lord be with you.*

PEOPLE: **And also with you.**

CELEBRANT: *Lift up your hearts.*

PEOPLE: **We lift them to the Lord.**

CELEBRANT: *Let us give thanks to the Lord our God.*

PEOPLE: **It is right to give him thanks and praise.**

CELEBRANT: *...and so we join the saints and angels in proclaiming your glory, as we sing:*

### Sanctus



Ho - ly, Ho - ly, Ho - ly Lord, God of po - wer and might,  
Hea - ven and earth are full of your glo - ry, ho sa - nna in the high - est.  
Bless - ed is He, who comes in the name of the Lord, Ho - sa - nna in the high - est!

CELEBRANT: *...By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory be yours Almighty Father, now and for ever.*

ALL: **Amen.**



## The Lord's Prayer

CELEBRANT: *And now, as our Savior Christ has taught us, we are bold to pray,*

PEOPLE: **Our Father who art in heaven, hallowed be thy name.  
Thy Kingdom come, thy will be done,  
On earth as it is in heaven.  
Give us this day our daily bread,  
And forgive us our trespasses,  
As we forgive those who trespass against us.  
And lead us not into temptation,  
But deliver us from evil.  
For thine is the kingdom, and the power, and the glory  
For ever and ever, Amen.**

## The Breaking of the Bread

CELEBRANT: *Christ our Passover is sacrificed for us;*

PEOPLE: **Therefore let us keep the feast!**

CELEBRANT: *The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.*

### ***Instructions for Retrieving the Elements:***

All who are baptized and following Jesus as Lord are invited to participate in Holy Communion. The ushers will dismiss you row by row. When the usher dismisses your row, proceed down the aisle (to the left of your section as you face the altar) to the tables directly in front of your section, maintaining a six-foot distance from the person in front of you.

Apply the hand sanitizer at the small table, and then collect either a juice/wafer set from the tray, or a gluten-free, rice-based wafer (wrapped in foil) and a juice-only cup from the plate.

Continuing clockwise, return with the communion elements to your seat; once everyone has returned to their seats, we will partake of the Body and Blood of Christ together.

### ***If you are not yet baptized or are not currently following Jesus as Lord:***

Welcome! We're glad you're here. You'll need to exit the row with the others and simply make a loop back to your seat. We encourage you to take this time to worship, pray, and reflect on all you've seen and heard.

## Communion Song:

### The Goodness of the Lord

When my heart is heavy, when my bones are weak  
When I cannot stand up, Your love will carry me  
When this fear I'm fighting feels like sure defeat  
I will run and hide in the love You offer me

The goodness of the Lord never fails me  
The goodness of the Lord overwhelms me  
The goodness of the Lord  
is always true (will see me through)

When my soul is weary, when my spirit's dry  
I so often wander, still You never leave my side  
Father, my heart will praise You  
Oh, that my life would sing  
For only You deserve, God, the worship I will bring

And when my future has been stripped away  
My God is on my side  
You never leave, You never walk away  
Father, I lift You high  
In every struggle, You will never stray  
My God is on my side  
In every storm, my heart will give You praise  
Father, I lift You high  
Father, I lift You high  
Father, I lift You high

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## Partaking of the Elements

CELEBRANT: *The Body of Christ, the Bread of Heaven.*

PEOPLE: **Amen.**

CELEBRANT: *The Blood of Christ, the Cup of Salvation.*

PEOPLE: **Amen.**

## Closing Worship Song

### 'Tis So Sweet to Trust in Jesus

'Tis so sweet to trust in Jesus  
Just to take Him at His word  
Just to rest upon His promise  
Just to know thus saith the Lord

**Jesus, Jesus, how I trust Him**  
**How I've proved Him o'er and o'er**  
**Jesus, Jesus, precious Jesus**  
**O, for grace to trust Him more**

O, how sweet to trust in Jesus  
Just to trust His cleansing blood  
Just in simple faith to plunge me

'Neath the healing, cleansing flood

Yes, 'tis sweet to trust in Jesus  
Just from sin and self to cease  
Just from Jesus simply taking  
Life and rest and joy and peace

I'm so glad I learned to trust Thee  
Precious Jesus, Savior, Friend  
And I know that Thou art with me  
Wilt be with me to the end

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## Prayer of Thanksgiving

CELEBRANT: *Let us pray.*

ALL: **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## The Lenten Blessing

CELEBRANT: *Bow down before the Lord.*

*Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord.*

ALL: **Amen.**

## The Dismissal

CELEBRANT: *Go forth into the world in peace, rejoicing in the power of the Spirit.*

PEOPLE: **Thanks be to God.**

### **NEW TO IMMANUEL?**

*We can't wait to meet you! If you're here in person with us, stop by our welcome table in the courtyard outside to pick up a welcome gift and meet some friendly faces. If you're joining us online, you can fill out a connection card at [immanuelanglican.org/connect](http://immanuelanglican.org/connect) and let us know how we can follow up with you.*

*Visit us online at **[immanuelanglican.org](http://immanuelanglican.org)**.*

## Prayers for Spiritual Communion

- OFFICIANT: In the name of the Father, and of the Son, and of the Holy Spirit.  
ALL: **Amen.**
- OFFICIANT: God is our refuge and strength.  
ALL: **A very present help in trouble.**
- OFFICIANT: Our help is in the name of the Lord,  
ALL: **Who made heaven and earth.**
- OFFICIANT: Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst." Praying together:  
ALL: **Our Father, who art in heaven, hallowed be thy name.  
Thy Kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory for ever and ever, Amen.**
- OFFICIANT: Let us pray.  
ALL: **Heavenly Father, I now join my heart and mind with all my brothers and sisters in Holy Mother Church throughout the world, who gather at your holy table this day to remember your death and proclaim your resurrection.  
Accept my soul and body as a living sacrifice, holy and acceptable to you, through the merits of your dear Son, Jesus Christ, our Lord.  
Hasten the day when I may once more draw near with them to receive the most precious sacrament of your body and blood. Amen.**
- OFFICIANT: Soul of Christ,  
ALL: **sanctify me.**
- OFFICIANT: Body of Christ,  
ALL: **save me.**
- OFFICIANT: Blood of Christ,  
ALL: **refresh me.**
- OFFICIANT: Water from the side of Christ,  
ALL: **wash me.**
- OFFICIANT: Passion of Christ,  
ALL: **strengthen me.**
- OFFICIANT: Oh, taste and see that the Lord is good!  
ALL: **Blessed is the one who takes refuge in him!**
- OFFICIANT: May the Lord bless us, protect us from all evil, and bring us into everlasting life,  
ALL: **Amen.**